

SUBJECT ON A PAGE PHYSICAL EDUCATION



Inspiring Today's Children To Embrace Tomorrow's Challenges

VISION &

To empower children to master fundamental skills, foster physical competence, emotional well-being, leading to lifelong healthy lifestyle choices.

INTENT 🚜

- We believe that in a warm supportive environment, sporting opportunities will help build children's self-esteem and embed our core values such as being ready, respectful and safe.
- Refine excellent communication skills and language.
- Our learning threads are the cornerstone of an ambitious curriculum that ensures every child has regular access to high quality lessons that are both inspiring and progressive.

IMPLEMENTATION



- As part of a broad and balanced curriculum, Physical Education is carefully planned and mapped to ensure every child receives a minimum requirement of 2 hours of P.E per week.
- Specific use of outside agencies to teach specialist units of PE alongside staff: First Grade Sports.
- Swimming lessons are provided for years 4, 5 and 6 at Bramcote Swimming Pool. All children are taught to swim capably and with confidence in a range of strokes up to a distance of 25 meters.

IMPACT



We measure impact by ensuring:

- Regular access to all of our **key strands**; Invasion Games, Dance, Athletics, Striking and Fielding, Net and Wall, Gymnastics, Swimming, Target Games, Outdoor and Adventurous.
- Further opportunities to participate in physical activities through lunch clubs, after school sports provision as well as Drumba and Wheelchair Basketball.
- Opportunity to take part in competitions throughout the school year as part of **East Midlands Education Trust and Eastwood and District Schools' Sports Association**.
- Head, Heart and Hands approach to assessment.
- Cognitive Understanding (Head)
- Emotional Engagement (Heart)
- Physical Skill Development (Hands).







 Pupils are encouraged to self-asses, reflect on their progress, and actively give and receive feedback as part of a collaborative and collective experience.

