

# SUBJECT ON A PAGE PSHE



**Inspiring Today's Children To Embrace Tomorrow's Challenges** 

## VISION &



To empower every child to become a confident, resilient, and responsible individual. We aim to equip pupils with the knowledge, skills, and values they need to make informed decisions, build positive relationships and embrace tomorrow's challenges.

# INTENT 🚜

- To provide a PSHE curriculum that supports every child to be Ready for learning and life, Respectf towards themselves and others, and Safe in the choices they make.
- To support children in developing positive relationships, self-confidence, and emotional resilience.
- To help pupils understand and manage their feelings, respect others, and develop empathy.
- To prepare children for life in modern Britain by promoting values such as tolerance, respect, and responsibility.
- To ensure pupils understand and respect the protected characteristics, fostering an inclusive environment where diversity is celebrated.
- To prioritise and promote wellbeing, equipping children with strategies to manage stress, build resilience, and maintain a positive sense of self.

## IMPLEMENTATION

- We follow the SCARF scheme of work, ensuring a comprehensive, age-appropriate, and progressive approach to PSHE that supports pupils' personal development and wellbeing. There are also annual workshops for each year group.
- Lessons are delivered weekly and reinforced through assemblies, discussions and whole-school initiatives. Age-appropriate resources and stories are used to explore emotions and social situations.
- PSHE is integrated into all areas of learning, including practical activities and collaborative tasks. Opportunities for discussion and reflection are embedded throughout the curriculum to develop confidence and empathy.
- Staff model positive relationships and emotional regulation, creating a safe and supportive environment for all pupils.

#### IMPACT 🔆



We measure impact by ensuring:

- Pupils consistently demonstrate our school values of Ready, Respectful and Safe and understand the importance of maintaining good physical and mental health.
- Pupils show confidence in expressing their feelings and opinions.
- Improved emotional regulation and resilience lead to greater engagement in learning.







