



## Welcome to Year R

### Autumn Term 2025

#### Our topic – Me and my world

A lot of our work will be based on stories and rhymes.  
Further information will be provided on Class Dojo regularly.



### Personal, Social and Emotional Development

Children will have the opportunity to:  
Join in with group and class activities  
Have opportunities to take turns and share equipment  
Understand and follow rules and routines – ready, respectful and safe  
Build up relationships with others  
Learn vocabulary related to The Zones of Regulation (happy, excited, worried, sad, angry, frustrated)



### Communication and Language

Children will have the opportunity to:  
Listen to and join in with a variety of stories, songs and rhymes  
Learn how to be a good communicator  
Follow instructions in a variety of situations  
Develop their listening skills  
Explore topic related vocabulary and develop their word knowledge

### Physical Development



Children will have the opportunity to:  
Join in with parachute games  
Learn how to control a balance bike  
Perform simple dances and move in different ways  
Become more independent with dressing and undressing  
Control small and large equipment  
Develop scissor and pencil skills



**PE will take place on Mondays and Thursdays - PE kits should be kept in school and will be sent home with the children each half-term.**



### Literacy

Children will have the opportunity to:  
Learn phonics through the 'Little Wandle' programme  
Decode to read simple words  
Join in with and identify rhyming words  
Listen to, and join in with, repetitive stories  
Make marks and talk about these  
Develop an effective pencil grip and start to form letters correctly  
Sequence stories and use story language in their play  
Understand that we can find information in books



### Mathematics

Children will have the opportunity to:  
Join in with mathematical songs, rhymes and games  
Solve simple problems through play – sorting and matching  
Explore numbers to 5 in depth  
Point to each object when counting to make sure they are accurate  
Begin to subitise (recognising amounts without needing to count them)  
Identify numbers in the environment and match to totals  
Explore shapes and their properties  
Make and continue patterns  
Recognise numbers to at least 10



### Understanding the World

Children will have the opportunity to:  
Explore objects and materials through play  
Find out about Mary Seacole and Florence Nightingale  
Show an understanding of how to look after our bodies  
Make observations and ask questions to find out more  
Find out about our homes (including different types of home)  
Learn about different environments (including woodland animals)  
Find out about festivals and celebrations  
Think about ways that we can help to look after the environment



### Expressive Arts and Design

Children will have the opportunity to:  
Join in with singing songs and rhymes  
Explore music making using different instruments  
Move in response to music  
Play imaginatively with others in a variety of situations  
Create artwork using different techniques – painting, printing, collage, model making (including self-portraits)



**Children will have opportunities to explore and develop ideas through their play each day.**

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| <p style="text-align: center;"><b>Ways to support at home</b></p> <p>I will send regular classroom updates via Dojo so make sure you check 'Class Story' and your individual messages regularly.</p>  | <p style="text-align: center;"><b>Personal, Social and Emotional Development</b></p> <div data-bbox="1149 108 1261 193" data-label="Image"> </div> <p>Play games that require turn taking and sharing (eg board games)<br/>Talk about different emotions<br/>Explore children's interests<br/>Tidy up toys after playing with them<br/>Support children to be more independent with toileting and dressing skills</p> |
| <p style="text-align: center;"><b>Communication and Language</b></p> <div data-bbox="98 352 219 475" data-label="Image"> </div> <p>Sing nursery rhymes<br/>Share books regularly and talk about language in books<br/>Talk about words each day<br/>Encourage children to engage in role play and imaginative play<br/>Have daily conversations with family members<br/>Explore rhyming words</p>   | <p style="text-align: center;"><b>Physical Development</b></p> <div data-bbox="1146 357 1299 512" data-label="Image"> </div> <p>Have daily exercise (go for a walk, bike ride, dance, trampoline etc)<br/>Throw and catch a ball<br/>Use a knife and fork when eating<br/>Help children to be more independent when dressing (fastening and unfastening buttons and zips, turning clothes from inside out)</p>        |
| <p style="text-align: center;"><b>Literacy</b></p> <div data-bbox="114 667 237 740" data-label="Image"> </div> <p>Share a variety of texts (including allocated ebooks)<br/>Go for a listening walk – what can you hear?<br/>Play I spy (using letter sounds)<br/>Identify the phonemes (letter sounds) in short words (eg c-a-t)<br/>Explore letter patterns using chalk, paint, in the bath water<br/>Identify letters and words in the environment<br/>Reading own name<br/>Writing name</p> | <p style="text-align: center;"><b>Mathematics</b></p> <div data-bbox="1164 644 1283 762" data-label="Image"> </div> <p>Sing counting songs<br/>Look for numbers in the environment<br/>Use different objects to count with (focus on pointing to each object when counting)<br/>Play and explore with different shapes<br/>Make repeating patterns (colour, numbers, shapes, sounds)<br/>Identify more and less</p>   |
| <p style="text-align: center;"><b>Understanding the World</b></p> <div data-bbox="89 1027 275 1144" data-label="Image"> </div> <div data-bbox="983 1023 1066 1102" data-label="Image"> </div> <p>Go for regular walks and look at changes in the environment<br/>Talk about the weather<br/>Talk about routes and create simple maps<br/>Use a camera to take photographs<br/>Encourage children to know where they live</p>  | <p style="text-align: center;"><b>Expressive Arts and Design</b></p> <div data-bbox="1142 1027 1240 1118" data-label="Image"> </div> <div data-bbox="1872 1027 2092 1118" data-label="Image"> </div> <p>Listen to (and dance to) a variety of music<br/>Use household objects to make music<br/>Draw or paint pictures<br/>Play imaginatively<br/>Make models using different materials</p>                           |