

## Welcome to Year R

Autumn Term 2025

### Our topic - Me and my world

A lot of our work will be based on stories and rhymes. Further information will be provided on Class Dojo regularly.



# Personal, Social and Emotional Development

Children will have the opportunity to:

Join in with group and class activities

Have opportunities to take turns and share equipment

Understand and follow rules and routines – ready, respectful and safe Build up relationships with others

Learn vocabulary related to The Zones of Regulation (happy, excited,

worried, sad, angry, frustrated)



## Communication and Language

Children will have the opportunity to: Listen to and join in with a variety of stories, songs and rhymes Learn how to be a good communicator Follow instructions in a variety of situations Develop their listening skills Explore topic related vocabulary and develop their word knowledge



# **Physical Development**

Children will have the opportunity to: Join in with parachute games Learn how to control a balance bike Perform simple dances and move in different ways Become more independent with dressing and undressing Control small and large equipment Develop scissor and pencil skills

PE will take place on Mondays and Thursdays - PE kits should be kept in school and will be sent home with the children each half-term.



## Literacy

Children will have the opportunity to: Learn phonics through the 'Little Wandle' programme Decode to read simple words Join in with and identify rhyming words Listen to, and join in with, repetitive stories Make marks and talk about these Develop an effective pencil grip and start to form letters correctly Sequence stories and use story language in their play Understand that we can find information in books



#### **Mathematics**

Children will have the opportunity to: Join in with mathematical songs, rhymes and games Solve simple problems through play – sorting and matching Explore numbers to 5 in depth

Point to each object when counting to make sure they are accurate Begin to subitise (recognising amounts without needing to count them) Identify numbers in the environment and match to totals

Explore shapes and their properties

Make and continue patterns

Recognise numbers to at least 10



# **Understanding the World**

Children will have the opportunity to: Explore objects and materials through play Find out about Mary Seacole and Florence Nightingale Show an understanding of how to look after our bodies Make observations and ask questions to find out more Find out about our homes (including different types of home) Learn about different environments (including woodland animals) Find out about festivals and celebrations Think about ways that we can help to look after the environment



## **Expressive Arts and Design**

Children will have the opportunity to: Join in with singing songs and rhymes Explore music making using different instruments Move in response to music Play imaginatively with others in a variety of situations



Create artwork using different techniques – painting, printing, collage, model making (including self-portraits)

Children will have opportunities to explore and develop ideas through their play each day.

# Ways to support at home

I will send regular classroom updates via Dojo so make sure you check 'Class Story' and your individual messages regularly.

## Personal, Social and Emotional Development

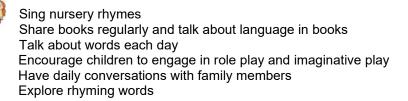


Play games that require turn taking and sharing (eg board games) Talk about different emotions Explore children's interests

Tidy up toys after playing with them

Support children to be more independent with toileting and dressing skills

# **Communication and Language**



# **Physical Development**

Have daily exercise (go for a walk, bike ride, dance, trampoline etc) Throw and catch a ball Use a knife and fork when eating

Help children to be more independent when dressing (fastening and unfastening buttons and zips, turning clothes from inside out)

## Literacy

Share a variety of texts (including allocated ebooks) Go for a listening walk – what can you hear? Play I spy (using letter sounds) Identify the phonemes (letter sounds) in short words (eg c-a-t) Explore letter patterns using chalk, paint, in the bath water Identify letters and words in the environment Reading own name Writing name



## **Mathematics**

Sing counting songs Look for numbers in the environment Use different objects to count with (focus on pointing to each object when counting) Play and explore with different shapes Make repeating patterns (colour, numbers, shapes, sounds) Identify more and less



# **Understanding the World**



Go for regular walks and look at changes in the

Talk about the weather Talk about routes and create simple maps Use a camera to take photographs Encourage children to know where they live

environment



## **Expressive Arts and Design**

Listen to (and dance to) a variety of music Use household objects to make music Draw or paint pictures Play imaginatively Make models using different materials

