



Gilthill Primary School

WINTER/SPRING MENU WEEK 3

WEEK COMMENCING – 10/03



DAY	MAIN MEAL	SIDE DISHES	PUDDING
MONDAY	Hot Dog (G) *Veggie Dog (G)	Potato Wedges & Seasonal Salad	Party Cake (G,M,E,S)
TUESDAY	Tomato & Basil Pasta (G)	Garlic Slice (G,M) & Green Beans	Chocolate Flapjack (G,M)
WEDNESDAY	Roast Chicken *Quorn Fillet (G)	Stuffing Ball (G) & Roast Potato Seasonal Veg & Gravy	Doughnut (G,M,E,S)
THURSDAY	Homemade Sausage Roll (G,M) *Vegan Roll (G)	Mashed Potatoes & Baked Beans	Ice Cream Roll (G,M,E,S)
FRIDAY	Fish Fillet (G,F) *Fishless Fingers (G)	Oven Chips & Tomato Sauce Garden Peas & Sweetcorn	Rice Krispie Cake (G,M)

FRESH FRUIT, YOGHURTS, MILK & WATER AVAILABLE DAILY * MENUS SUBJECT TO CHANGE * SPECIAL DIETS CATERED FOR



CELERY (C) CRUSTACEANS(CR) EGGS(E) FISH (F) GLUTEN (G) LUPIN (L) MILK (M) NUTS(N)
MOLLUSCS(MO) PEANUTS (P) SESAME (SE) SOYBEANS(S) SULPHITES(SU) MUSTARD (MU)

