

East Midlands
Education Trust

Gilthill Primary School

WINTER/SPRING MENU WEEK 1

WEEK COMMENCING – 27/01 – 03/03 – 01/04

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DAY	MAIN MEAL	SIDE DISHES	PUDDING
MONDAY	Pizza Pasta Bake (G,M) *Pasta Bake (G)	Garlic Slice (G,M) & Green Beans	Chocolate Ice Cream (M)
TUESDAY	Chicken Burger (G) *Quorn Dippers (G)	Curly Fries (G) Crunchy Veg	Butterscotch Tart (G,M)
WEDNESDAY	Pork Sausage(G) *Quorn Sausage (G)	Mashed Potatoes & Seasonal Vegetables Yorkshire Pudding(G,M,E) & Gravy	Party Muffin (G,M,E,S)
THURSDAY	Chicken Tikka Massala(M) *Veg Curry (M)	Naan Bread (G,M) & Rice Garden Peas	Chocolate Brownie (G,M,E,S)
FRIDAY	Fish Fingers(G,F) *Fishless Fingers (G)	Oven Chips, Garden Peas & Sweetcorn Tomato Ketchup	White Choc & Raspberry Cookie (G,M)

FRESH FRUIT, YOGHURTS, MILK & WATER AVAILABLE DAILY * MENUS SUBJECT TO CHANGE * SPECIAL DIETS CATERED FOR



CELERY (C) CRUSTACEANS(CR) EGGS(E) FISH (F) GLUTEN (G) LUPIN (L) MILK (M) NUTS(N)
MOLLUSCS(MO) PEANUTS (P) SESAME (SE) SOYBEANS(S) SULPHITES(SU) MUSTARD (MU)

