

Dear parent/carer,

Your child has had a minor accident at school today, resulting in a bumped head. They were promptly assessed and attended to by one of our First Aiders, who treated the injury with a cold compress and monitored their condition. At the time, it was deemed unnecessary to refer the child for further attention. As a precautionary measure, we have issued a blue wristband along with this letter to ensure you are aware of the incident and can continue to monitor the situation at home.

In rare circumstances, symptoms of concussion can develop up to 24 hours after the injury. If any of the following conditions occur, we strongly advise referring the child to a doctor, preferably at the local Accident & Emergency (A&E) department:

- Severe and persistent headache
- Sensitivity to bright light
- Vomiting
- Dizziness, double vision, or blurred vision
- Disorientation or confusion
- Changes in level of consciousness



If you require any further information about concussion, please follow the QR code to the NHS site.

Many thanks,

Gilthill Team

